

an attitude of

gratitude

Opening Song: "I Am Glad for Many Things" *Children's Songbook*, no. 151

Opening Prayer: By Invitation

Scripture: Doctrine & Covenants 59:7

Story: "Count Your Blessings" by President Henry B. Eyring

Activity 1: Gratitude Journals (activity instructions in folder)
Write down daily blessings to help us remember to be grateful. If you're having trouble thinking of specific things, try to think of the following: "things I can smell," "things I can see," "things I can hear," "things I can taste," etc.

Activity 2: The Grateful Turkey (activity instructions and game pieces in folder)

Closing Song: "Children All Over the World" *Children's Songbook*, no. 16
Note: Cut out the "thank you" words in the song, and put them in order as you sing.

Closing Prayer: By Invitation

Refreshments: Nutella Ice Cream (see recipe)